

St. Sebastian Regional Catholic School

April 2018 Lunch Menu

Food Service Director: Kelly Calderone
 kcalderone@fraziersd.org
 724-736-1107

Lunch Prices
 Daily—\$3.25
 Free & Reduced Lunch
 Prices available



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Alternate
 <p>What Makes a Meal? You must choose at least 3 of 5 components available for the school lunch price.</p> <p>Choice of Meat or Meat Alternate Choice of Vegetable, Choice of Fruit* Choice of Grain/Bread, and Choice of Milk <i>*Students must choose at least one fruit or vegetable</i></p>	April 2nd Easter Recess NO SCHOOL	April 3rd Grilled Chicken on Bun French Fries Applesauce Low/Non Fat Milk	April 4th Macaroni and Cheese with Sliced Bread Steamed Carrots Peaches Low/Non Fat Milk	April 5th Corn Dog on a Stick Steamed Green Beans Mixed Fruit Low/Non Fat Milk	April 6th 1/2 Day No lunch served	Chicken Nuggets with Bread Slice Salad
		April 9th Grilled Cheese Sandwich Sweet Potato Casserole Diced Pears Low/Non Fat Milk	April 10th Walking Tacos Steamed Peas Mixed Fruit Low/Non Fat Milk	April 11th Pepperoni Pinwheels Steamed Green Beans Peaches Low/Non Fat Milk	April 12th French Toast Sticks with Sausage Patties Potato Rounds Mandarin Oranges Low/Non Fat Milk	April 13th Pepperoni Pizza / Salad Steamed Corn Pineapple Tidbits Low/Non Fat Milk
<p>Fruits and Vegetables Daily</p>	April 16th Pasta with Meatsauce and Bread Slice Steamed Carrots Diced Pears Low/Non Fat Milk	April 17th General Tso with Rice Steamed Broccoli Applesauce Low/Non Fat Milk	April 18th Hot Italian Hoagie French Fries Apple Low/Non Fat Milk	April 19th Salisbury Steak Mashed Potatoes Banana Low/Non Fat Milk	April 20th Pepperoni Pizza / Salad Baked Beans Peaches Low/Non Fat Milk	Chicken Nuggets with Bread Slice Salad
	<p>MENUS SUBJECT TO CHANGE</p> 	April 23rd Hot Dog on Bun Honey Glazed Carrots Mixed Fruit Low/Non Fat Milk	April 24th Chicken Rings with Bread Slice Steamed Broccoli Peaches Low/Non Fat Milk	April 25th BBQ Rib Sandwich Steamed Green Beans Apple Low/Non Fat Milk Spring Sandwich Cookie	April 26th Popcorn Chicken Bowl Steamed Corn Applesauce Low/Non Fat Milk	April 27th Pepperoni Pizza / Salad Fresh Carrots Pears Low/Non Fat Milk
<p>Milk Choices Offered Daily 1% Chocolate and Low Fat White</p> <p>The School does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE</p>	April 30th Beef Nachos with Cheese Sauce Steamed Broccoli Mandarin Oranges Low/Non Fat Milk					Chicken Nuggets with Bread Slice Salad  Whole Grains Available Daily

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May/June 2018 Lunch Menu

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What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk

**Students must choose at least one fruit or vegetable*



Fruits and Vegetables Daily

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

1% Chocolate and Low Fat White

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Alternate
	May 1st Chicken Patty on Bun French Fries Applesauce Low/Non Fat Milk	May 2nd Macaroni and Cheese with Sliced Bread Steamed Carrots Peaches Low/Non Fat Milk	May 3rd Corn Dog on a Stick Steamed Green Beans Mixed Fruit Low/Non Fat Milk	May 4th 1/2 Day No lunch served	Chicken Nuggets with Bread Slice Salad
May 7th Grilled Cheese Sandwich Sweet Potato Fries Diced Pears Low/Non Fat Milk	May 8th Walking Tacos with Bread Slice Steamed Peas Mixed Fruit Low/Non Fat Milk	May 9th Pepperoni Pinwheels Steamed Green Beans Peaches Low/Non Fat Milk	May 10th Fish Sticks Smiley Fries Mandarin Oranges Low/Non Fat Milk	May 11th Pepperoni Pizza / Salad Steamed Corn Pineapple Tidbits Low/Non Fat Milk	Chicken Patty on Bun Salad
May 14th Italian Hoagie Steamed Carrots Diced Pears Low/Non Fat Milk	May 15th French Toast Sticks with Sausage Patties Tator Tots Applesauce Low/Non Fat Milk	May 16th Ham BBQ on Bun Au Gratin Potatoes Apple Low/Non Fat Milk Strawberry Shortcake	May 17th Beef Nachos with Cheese Steamed Broccoli Banana Low/Non Fat Milk	May 18th Pepperoni Pizza / Salad Mixed Vegetables Peaches Low/Non Fat Milk	Chicken Nuggets with Bread Slice Salad
May 21st Hot Dog on Bun Honey Glazed Carrots Mixed Fruit Low/Non Fat Milk	May 22nd General Tso with Rice Steamed Broccoli Peaches Low/Non Fat Milk	May 23rd BBQ Rib Sandwich Steamed Green Beans Apple Low/Non Fat Milk	May 24th Salisbury Steak Mashed Potatoes Applesauce Low/Non Fat Milk	May 25th Pepperoni Pizza / Salad Baked Beans Mandarin Oranges Low/Non Fat Milk	Chicken Tenders with Bread Slice Salad
May 28th Memorial Day No School	May 29th Manager's Choice	May 30th Manager's Choice	May 31st Manager's Choice	June 1st 1/2 Day No lunch served	Chicken Nuggets with Bread Slice Salad
June 4th Hot Ham and Cheese Baked Beans/Fruit/Milk					Whole Grains Available Daily