

St. Sebastian January 2018 Lunch Menu

Food Service Director: Kelly Calderone

kcalderone@fraziersd.org

724-736-1107

Lunch Ticket prices

Daily—\$3.25

Free & Reduced Lunch

Prices available



What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk

**Students must choose at least one fruit or vegetable*



Fruits and Vegetables Daily

MENUS SUBJECT TO CHANGE

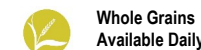


Milk Choices Offered Daily

1% Chocolate and Low Fat White

The School does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Alternate
January 1st New Year's Day Holiday NO SCHOOL	January 2nd Ham and Cheese on Bun Baked Beans Mandarin Oranges Low/Non Fat Milk	January 3rd Pepperoni Pizza Steamed Peas Applesauce Low/Non Fat Milk	January 4th Soft Shell Beef Taco Spanish Rice Steamed Green Beans Peaches Low/Non Fat Milk	January 5th 1/2 Day No Lunch Served	Chicken Patty on Bun	
January 8th Italian Dunkers Steamed Broccoli Applesauce Low/Non Fat Milk	January 9th Deli Hoagie Steamed Corn Caramel Drizzled Apples Low/Non Fat Milk	January 10th Macaroni and Cheese with Bread Slice Honey Glazed Carrots Peaches Low/Non Fat Milk	January 11th French Toast Sticks with Syrup and Sausage Patties Potato Rounds Banana Low/Non Fat Milk	January 12th Pepperoni Pizza / Salad Steamed Green Beans Pineapple Tidbits Low/Non Fat Milk	Chicken Nuggets with Bread Slice	
January 15th Martin Luther King Holiday NO SCHOOL	January 16th Mini Corn Dog Nuggets French Fries Mixed Fruit Low/Non Fat Milk	January 17th Popcorn Chicken Bowl with Bread Slice Steamed Corn Apple Low/Non Fat Milk	January 18th Stromboli Mixed Vegetables Peaches Low/Non Fat Milk	January 19th Pepperoni Pizza / Salad Vegetables Mixed Fruit Low/Non Fat Milk	Chicken Patty on Bun	
January 22nd Steak and Cheese Hoagie Steamed Broccoli Applesauce Low/Non Fat Milk	January 23rd Pancakes with Syrup Sausage Patties Potato Rounds Pineapple Tidbits Low/Non Fat Milk	January 24th Salisbury Steak Mashed Potatoes Peaches Low/Non Fat Milk	January 25th Walking Taco with WG Bread Slice Steamed Green Beans Apple Slices Low/Non Fat Milk	January 26th Pepperoni Pizza / Salad Steamed Carrots Mandarin Oranges Low/Non Fat Milk	Chicken Nuggets with Bread Slice	
January 29th Fish Sticks Buttered Noodles Steamed Green Beans Mixed Fruit Low/Non Fat Milk	January 30th Hot Dog on Bun Baked Beans Applesauce Low/Non Fat Milk	January 31st Pepperoni Pizza Steamed Peas Mandarin Oranges Low/Non Fat Milk			Chicken Patty on Bun	




St. Sebastian Regional Catholic School February 2018 Lunch Menu

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 <p>What Makes a Meal? You must choose at least 3 of 5 components available for the school lunch price.</p> <p>Choice of Meat or Meat Alternate Choice of Vegetable, Choice of Fruit* Choice of Grain/Bread, and Choice of Milk *Students must choose at least one fruit or vegetable</p>				February 1st BBQ Rib Sandwich Steamed Green Beans Peaches Low/Non Fat Milk	February 2nd 1/2 Day Family Brunch Lunch	Chicken Patty on Bun Thursday—Salad
	February 5th In Service Day NO SCHOOL	February 6th Corn Dog on Stick Baked Beans Mixed Fruit Low/Non Fat Milk	February 7th Open Faced Hot Turkey Sandwich French Fries Peaches Low/Non Fat Milk	February 8th General Tso Chicken White Rice Steamed Broccoli Apple Low/Non Fat Milk	February 9th Pepperoni Pizza / Salad Steamed Green Beans Pineapple Tidbits Low/Non Fat Milk	Chicken Nuggets with Bread Slice Thursday—Salad
 <p>Fruits and Vegetables Daily</p>	February 12th Pasta with Meatsauce Garlic Breadsticks Steamed Carrots Diced Pears Low/Non Fat Milk	February 13th Parent//Student/Teacher Conferences NO SCHOOL	February 14th <i>Ash Wednesday</i> Fish Sandwich Buttered Noodles Steamed Green Beans Apple Low/Non Fat Milk	February 15th Salisbury Steak Mashed Potatoes Steamed Corn Banana Low/Non Fat Milk Cake Pop	February 16th Cheese Pizza / Salad Mixed Vegetables Peaches Low/Non Fat Milk	Chicken Patty on Bun Thursday—Salad
	February 19th Deli Hoagie Salad Assorted Cold Vegetables Applesauce Low/Non Fat Milk	February 20th Chicken Tenders with Bread Mashed Potatoes Steamed Broccoli Peaches Low/Non Fat Milk	February 21st Pancakes with Syrup Sausage Patties Hashbrown Apple Low/Non Fat Milk	February 22nd Walking Taco with WG Bread Slice Steamed Green Beans Apple Slices Low/Non Fat Milk	February 23rd Cheese Pizza / Salad Steamed Carrots Mandarin Oranges Low/Non Fat Milk	Chicken Nuggets with Bread Slice Thursday—Salad
 <p>Milk Choices Offered Daily 1% Chocolate and Low Fat White</p> <p>The School does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE</p>	February 26th Beef Nachos with Cheese Sauce Steamed Broccoli Mixed Fruit Low/Non Fat Milk	February 27th Popcorn Chicken Bowl with Bread Slice Steamed Corn Applesauce Low/Non Fat Milk	February 28th Pepperoni Pizza Steamed Peas Mandarin Oranges Low/Non Fat Milk			Chicken Patty on Bun 